

The Senior Centre

(Important Read The Access Notes Below, THIS IS A SENSATIVE AREA)

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Directions and Access Notes:

Take Mt. Seymour Parkway exit off Hwy. 1 just north of the Second Narrows bridge. Follow Mt. Seymour Pkwy. and turn left. at Mt Seymour Rd. Right at Indian River Drive, left. onto Indian River Cr. which becomes Indian River Drive again. Drive 3.5 km to a bouldery parking pullout on your right just past the major power lines. Park Here.

Walk downhill along the road past the hairpin curve. 30 meters past the curve and on your left, you'll see a gate and signs indicating that you've arrived at the entrance to fire lanes 7 (Sunshine) and 8 (Sasimat). The road past the gate is private property. Walk through the gate and continue 400 meters to a fork in the road where you'll see road signs indicating fire lane 7 and your right and fire lane 8 on your left. Continue to your left down fire lane 8 (Sasimat) and count the large blue barrels spaced out intermittently along the road. At the fifth blue barrel begin looking for a path along the left side of the road. The crag is less than five minutes from the road but not visible from the road. Follow the trail 30 meters uphill and notice a T junction at the base of a small (10 meter tall) rock face where you will follow the trail right another 30 meters where you will see the climbing area on your left and a fixed ascent line at the base. Approach time: 20 minutes total.

We have spent more than a hundred hours and considerable expense building safe and fun routes here, be responsible so we can all enjoy the area.
Thank you and have fun, Rolf

